



GERMISTON WHEELERS CYCLE CLUB

PO Box 820, Isando, 1600 - Club House situated at Mr. Porra, Rand Refinery Road, Germiston
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Welcome to the club that cares

From the desk of Miss Communication



The club celebrated 30 years of existence in 2014.

New to the club, or perhaps a potential new member?

Are you considering (or have you considered) joining the club that cares?

Many people ask why they should join a cycling club, when there are more than enough people cycling on the roads. Well, it's one thing joining a bunch of cyclists and riding the same route week in and week out.

If you answer yes to any of the questions below, then you should consider joining a cycling club:

- You want to ride with other people of a similar riding ability;
- You want regular training partners that you can rely on to keep you motivated;
- You race more than 3 races per year;
- You want to be kept up to date with regular news, both locally and from all corners of the country;
- You want co-ordinated ride routes that help build fitness for the big races;
- You'd like to improve your riding and technical ability on both road and mountain bikes;
- You want the opportunity to take part in training camps, long distance tours and group activities;
- You want to improve your race/ride times;
- You want to be part of a racing team;

Germiston Wheelers Cycle Club can offer any or all of the above, and so much more. We have riders of all abilities, from beginners to seasoned licensed veterans

who stand on the podium at many of the road races, and everyone else in between.

The club is also involved with the organizing and running of the Carnival City Macsteel National Classic in Brakpan on the last Sunday of February and is the last big race before the Pick 'n Pay Cape Argus Cycle Tour. Members don't get to ride on the day, but instead ensure the cyclists taking part are well looked after. Marshaling, manning water points, handing out medals and drinks, marking the route prior to race day and filling potholes are just a few things cyclists appreciate on the bike and after.

The club has produced a few riders who are, or have taken part, in the professional peloton as well as top veteran cyclists in the veteran categories, with a few collecting medals in the Central Gauteng Cycling and SA Cycling Championships.

In this welcome page, you'll find more information about the cycling club, from contact details, to regular training rides, who's who at the club and much more.

We hope you join the club that cares.

Regards,
Germiston Wheelers Cycle Club
the club that cares

Club Kit

The club is currently phasing out the old kit, and replacing it with new shirts.

The following kit is the NEW official club kit. New members joining the club will pay the admin fee as well as the cost for the shirt. Black shorts must be worn with the shirt, but members can wear their own brand of shorts (this is a personal choice and should be comfortable). This kit should be worn on weekend rides, with Sunday being the preferred day, so that we all look the same on a Sunday club ride - the old kit may be worn at any time (including Sundays).

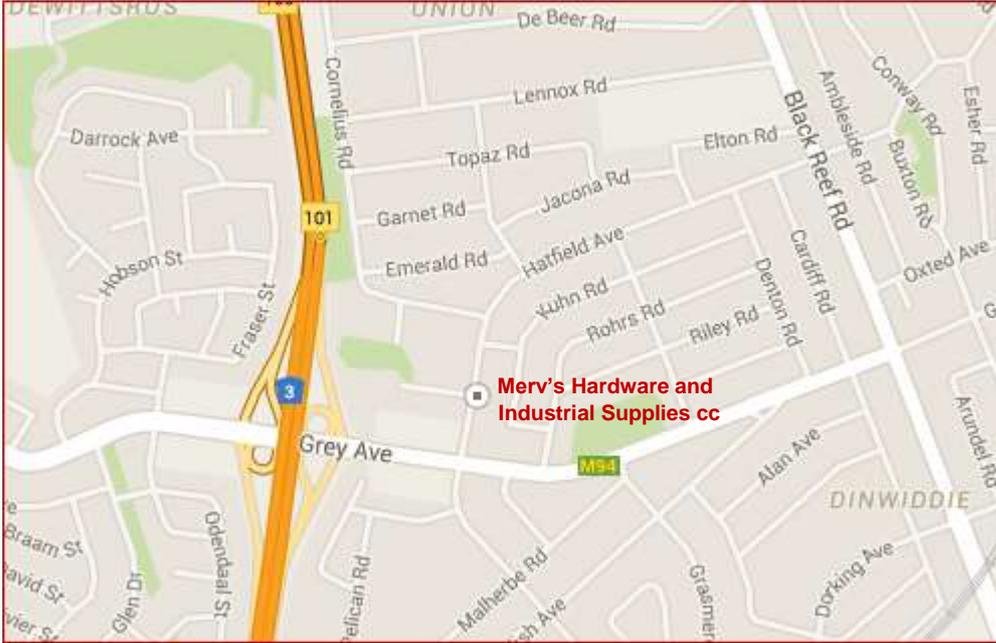


Weekend Club Rides

Club rides start from the same venue, unless otherwise announced.

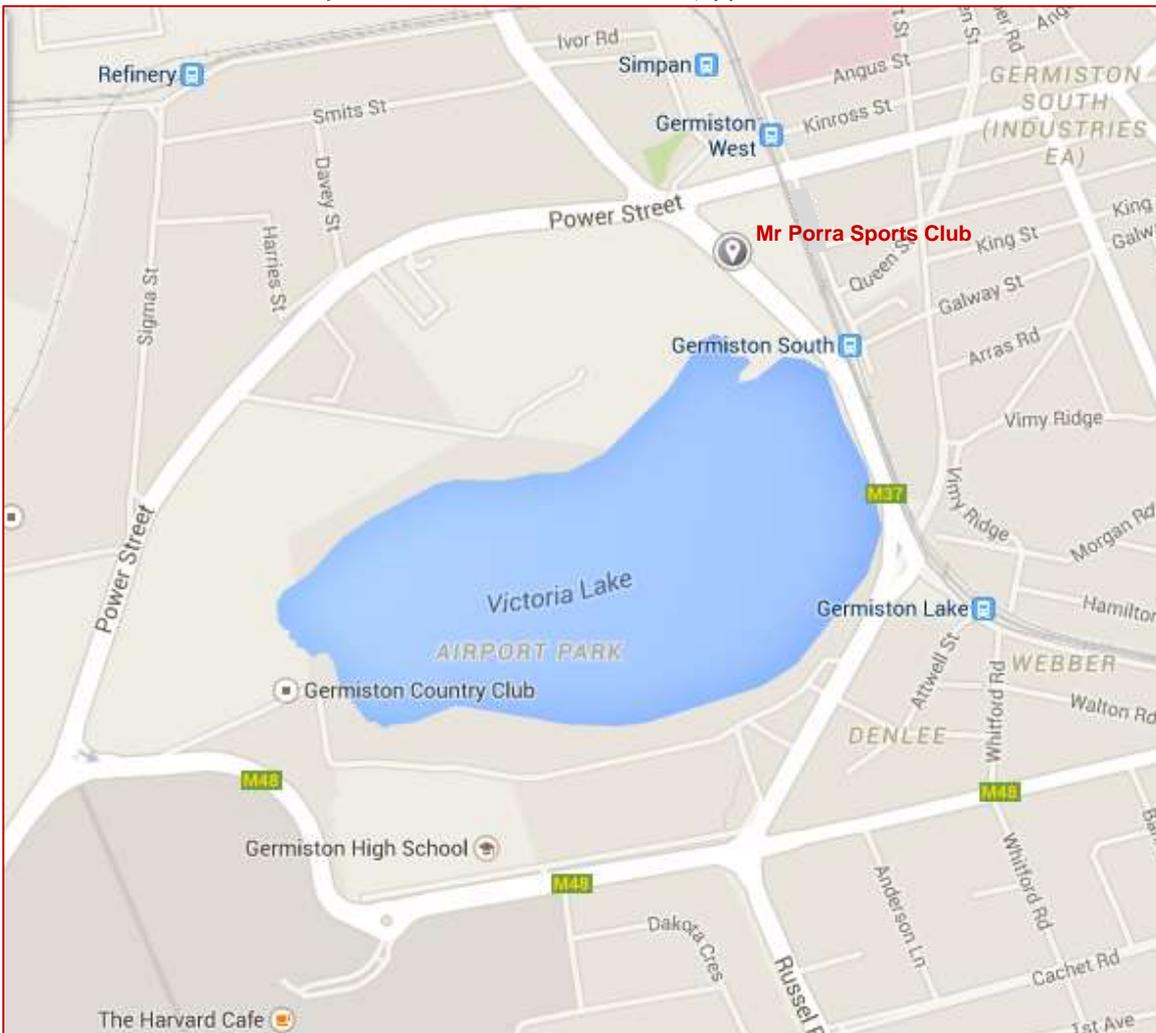
Saturdays & Public Holidays

Merv's Hardware, cnr Onyx & Hatfield roads, Albemarle



Sundays

Mr Porra, cnr Rand Refinery & Power roads, Germiston - (opposite the Victoria Lake Club, Germiston Lake).



Weekend Club Rides

Club rides start from the same time, unless otherwise announced.

Day	Ride	Summer				Winter				Summer			
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Public Holidays & Saturdays	Early Birds	05:00				05:30				05:00			
	Club Ride	06:15				06:45				06:15			
Sundays	Club Ride	06:30				07:00				06:30			
1 st Friday of each month	Night ride	18:00											

The following routes are the most popular on the calendar, with special rides shown at the bottom:

Route ID	Start Venue	Distances		Route Description	Comment
		Short/Slow	Long/Fast		
1	Merv's	65	80 - 100	Lido Short/Long	Flat, cycled most Saturday mornings
2	Mr Porra	60 - 70	85 - 100	Midrand/Allendale	Undulating
3	Merv's / Mr Porra	80	120-140	Three Rivers	Flat, long, steady ride
4	Mr Porra	70 - 80	110 - 120	Ride for Sight route	Undulating
5	Mr Porra	75 - 80	110 - 120	Carnival City Route	Flat
6	Mr Porra	60 - 70	80 - 100	Springs Short/Long	Flat
7	Merv's / Mr Porra	75		Spidey's Web	Very hill, short ride
8	Merv's	-	34	Early Bird 01/02	Flat, clockwise/anticlockwise
9	Merv's	-	34	Early Bird 03/04	Undulating, anticlockwise/clockwise
10	Mr Porra	80	100	Meyerton Wimpy	Flat route, social ride

Special rides

1	Rietvlei	75	112	Race for Victory route recce	Takes in most of the race route, twice before race weekend
2	Peugeot Fourways	70	99	947 Cycle Challenge route recce	Takes in the route, excluding the motorway and Jhb CBD.
3	Emperor's Palace	103	144	Emperor's Classic route recce	Cycle to/from Emperor's Palace from Mervs (20+20Km) plus the race route (103km)
4	Verwoerdpark Shopping Centre	22	-	Friday night rides	Social ride

Carnival City Macsteel National Classic cycle race

The best organised (small) race on the calender.



On the fourth Sunday of February, the club (together with the Rotary Club of Germiston) organise this cycle race. It is known as the longest one-day classic in SA (for the Professionals), and also offers three other distances for the Vets, Elite Woman and the general fun riders.

Members don't get to ride the event, as we need to ensure we provide the safest and best organised event on the calender - marshals on the road, at the start or at Carnival City as well as lead vehicle navigators, sector controllers, and much more. This is our chance to give back to the community as funds raised from the race are channelled back into the club to be distributed to some worthy causes.

Planning for the event starts the week after the race, so that ideas are fresh in our minds. It then quietens down before picking up pace towards the end of the year when entries open to the public. The day before the event, most of the members help clean the route, mark the roads and erect signage.

Charities supported

Caring for the community

The club has donated tea, coffee, milk, sugar, biscuits and other needy food items to Amcare (*pictured below*) as well as dog and cat food to the SPCA in Germiston. We donate items on a regular basis which includes a visit to the organisations to do the physical hand over.

